



Bluefish



ANALYSIS GUIDE

Ash: 3.08%

Carbohydrates: <dl

Fat: 7.32%

Moisture: 69.29%

Protein: 19.40%

Calories: 147.12 cal/100g

Scientific Name: *Pomatomus saltatrix*

Produced in the Atlantic and the Gulf of Mexico, these fish range in size from $\frac{3}{4}$ pounds up to 4 pounds each fish.

Produced: March through May
September through November

Packaged: 1/25 and 1/50 pound cases