



Bonito



ANALYSIS GUIDE

Ash: 3.61%

Carbohydrates: 1.85%

Fat: 3.54%

Moisture: 69.54%

Protein: 21.46%

Calories: 125.1 cal/100g

Scientific Name: *Euthynnus alletteratus*

Produced from the Gulf of Mexico, they are also known as **Little Tunny**. These fish can grow to a weight of 20 pounds.

Produced: April through June
September through November

Packaged: 1/25 and 1/50 pound cases