



Bonito

ANALYSIS GUIDE

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| Ash: | 3.61% |
| Carbohydrates: | 1.85% |
| Fat: | 3.54% |
| Moisture: | 69.54% |
| Protein: | 21.46% |
| Calories: | 125.1 cal/100g |

Scientific Name: Euthynnus alletteratus

Produced from the Gulf of Mexico, they are also known as **Little Tunny**. These fish can grow to a weight of 20 pounds.

Produced: April through June
September through November

Packaged: 1/25 and 1/50 pound cases