



# Capelin (Canadian)



## ANALYSIS GUIDE

Ash:	2.31%
Carbohydrates:	<dl
Fat:	4.25%
Moisture:	80.14%
Protein:	14.26%
Calories:	95.29 cal/100g

**Scientific Name:** Mallotus villosus

Produced off the Coast of Newfoundland, they average 6 to 8 inches in length with approximately 10 to 15 fish per pound.

**Produced:** Late June through July

**Packaged:** Assorted case sizes