



Capelin(Canadian)



ANALYSIS GUIDE

Ash: 2.31%

Carbohydrates: <dl

Fat: 4.25%

Moisture: 80.14%

Protein: 14.26%

Calories: 95.29 cal/100g

Scientific Name: *Mallotus villosus*

Produced off the Coast of Newfoundland, they average 6 to 8 inches in length with approximately 10 to 15 fish per pound.

Produced: Late June through July

Packaged: Assorted case sizes