



Croaker

ANALYSIS GUIDE

Ash: 3.92%

Carbohydrates: <dl

Fat: 6.04%

Moisture: 72.49%

Protein: 18.08%

Calories: 126.68 cal/100g

Scientific Name: *Micropogon undulatus*

Produced in the Gulf of Mexico and the North Atlantic, they average $\frac{1}{2}$ pound to 1 pound each fish.

Produced: March through November

Packaged: 1/25 pound cases