



Herring 9-12" (Atlantic Canada)



ANALYSIS GUIDE

Ash: 2.64%

Carbohydrates: <dl

Fat: 12.90%

Moisture: 68.70%

Protein: 16.69%

Calories: 182.86 cal/100g

Scientific Name: *Clupea harengus*

Produced off the Newfoundland, Canada Coastline, they are graded 9 to 12 inches in length. Commonly referred to as "high fat" Herring.

Produced: September through December
March through May

Packaged: Assorted case sizes