



# Mullet

## ANALYSIS GUIDE

Ash:	4.39%
Carbohydrates:	<dl
Fat:	3.22%
Moisture:	77.01%
Protein:	16.75%
Calories:	95.98 cal/100g

**Scientific Name:** Mugil cephalus

Produced off the Gulf Coast of Florida, these fish are graded 3/4 to 1 pound and 1 to 2 pound.

**Produced:** October through January

**Packaged:** 1/25 pound cases