



Sardines (California)



ANALYSIS GUIDE

Ash: 4.18%

Carbohydrates: <dl

Fat: 3.71%

Moisture: 72.79%

Protein: 18.88%

Calories: 108.91 cal/100g

Scientific Name: *Sardinops sagax*

Also known as **Pacific Sardines**, these fish are produced off the coast of California. They average 4 to 6 inches in length counting approximately 7 to 9 fish per pound.

Produced: Year-round
Controlled by state quotas

Packaged: IQF in 1/50 pound cases and block frozen
in 1/10 kilo cases