



## Smelt(Lake)



### ANALYSIS GUIDE

Ash: 1.54%

Carbohydrates: <dl

Fat: 3.50%

Moisture: 83.26%

Protein: 12.12%

Calories: 79.98 cal/100g

**Scientific Name:** *Osmerus mordax*

Produced along the Canadian border of Lake Erie, they range 3 to 5 inches in length with approximately 23 fish per pound.

**Produced:** June through September with occasional catches in January/February

**Packaged:** IQF they are packed in 1/11 pound cases