



Tilapia

ANALYSIS GUIDE

Ash:	3.71%
Carbohydrates:	<dl
Fat:	17.98%
Moisture:	61.44%
Protein:	16.28%
Calories:	229.30 cal/100g

Scientific Name: Tilapia aurea

Wild caught in Florida freshwater lakes. They are graded 1 pound and under.

Produced: Year-round

Packaged: IQF in 1/40 pound cases